

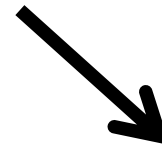


GCSE PE

GCSE PE



SPORT PATHWAYS AT HONYWOOD



**EXTRA
CURRICULAR
SPORT**



CORE PE



Delivery of PE

- **3 x 100 minute sessions of GCSE PE + 2 x 100 minute sessions of CORE PE**
= 5 Sessions of PE per cycle.
- **Of the 3 GCSE sessions two sessions will be theory and one will be practical**

Why Should Learners Take A Qualification In P.E.?

I AM GOOD AT PE

- Excel in PE sessions
- Attend Extra Curricular Clubs
- Represented the school
- Attend & represent a club outside of school

I NEED PE FOR MY CAREER.

- Teaching
- Coaching
- Director of sport
- Playing at a professional/semi-professional level
- Maintaining a healthy lifestyle
- Physiotherapy

I LIKE PE

- Enjoy playing a range of sports
- Enjoy being part of a team
- I have an interest in the theoretical side of PE.



GCSE Physical Education (Edexcel)

- **60% Theory comprising of 2 exam papers.**
 - **Component 1: Fitness and Body Systems. Written exam 1hr 45mins (36% of the qualification).**
 - **Component 2: Health and Performance. Written exam 1hr 15 mins (24% of the qualification).**
- **40% Practical**
 - **Performance in 3 sports (30% of the qualification).**
 - **Personal Exercise Programme (10% of the qualification).**



Theory – 60%

Component 1 – Fitness and body systems 36%

Component 2 – Health and performance 24%

- Learners will study a range of topics including anatomy & physiology, physical training, basic sports psychology, socio-cultural influences and data analysis.
- **Assessed**
 - There will be a test at the end of each unit to assess learning and progress.
 - Mock exams in C10 and C11
 - Final exams 1hr 45mins and 1 hr 15 mins at the end of C11.



PRACTICAL – 40%

(30% 3 x practical assessments, 10% PEP)

- **Study a range of sports which learners may not have covered in depth in the past.**
- **GCSE Learners in Year 11 will be assessed in 3 activities.**
 - the 3 sports chosen must appear in the syllabus.
 - One must be a team sport, one must be an individual sport and the third can be either.
 - these may be sports played outside of school.
- **Assessed**
 - at the end of each unit.
 - Mock exam in November of C11
 - final 2/3 day exam at the end of C11.



Team Sports

Activities

- Association Football
- Badminton
- Basketball
- Camogie
- Cricket
- Dance
- Gaelic Football
- Handball
- Hockey
- Hurling
- Lacrosse
- Netball
- Rowing
- Rugby League
- Rugby Union
- Squash
- Table Tennis
- Volleyball

Restrictions

- Football, Basketball, Hockey, Rugby Union must be full versions of the game i.e 5 a side, Rugby 7's and Roller hockey are not permitted.
- Accepted dance styles: ballet, ballroom, contemporary/modern, hip-hop, jazz, salsa, street, tap.
- Racket sports cannot be assessed as singles and Doubles.

Individual Sports

Activity

- Amateur boxing
- Athletics
- Badminton
- Canoeing
- Cycling
- Dance
- Diving
- Golf
- Gymnastics
- Equestrian
- Kayaking
- Rock Climbing
- Rowing
- Sculling
- Skiing
- Snowboarding
- Squash
- Swimming
- Table Tennis
- Tennis
- Trampolining

Restrictions

- Athletics – can be assessed in one event from either track or field.
- Cycling – Track or road only
- Platform Diving
- Gym – Floor routines and apparatus only.
- Skiing/snowboarding - not dry slope. Cannot both be taken.
- Swimming – not synchro
- Racket sports can be assessed as both singles and doubles.

Specialist Activities

Team

- Blind Cricket
- Goal Ball
- Powerchair Football
- Table Cricket
- Wheelchair Basketball
- Wheelchair Rugby

Individual

- Boccia
- Polybat

- Learners may only be assessed if they meet the national governing body classification criteria for competition entry.



Personal Exercise Programme (PEP)

- The non-examined assessment is completed under 'controlled conditions'.
- It is internally assessed and externally moderated.
- Learners must plan, carry out and evaluate a Personal Exercise Programme.

Questions

